

Zen Woods

GOLF CLUB



*CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS, ESPECIALLY IF YOU HAVE CERTAIN MEDICAL CONDITIONS.

ZENWOODSGOLFCLUB.COM | 352-726-3113 | 95 S GOLF HARBOR PATH - INVERNESS, FL

BREAKFAST

SERVED TILL 10:30AM

ZEN BREAKFAST

13

2 eggs cooked to order, fresh seasonal fruit, choice of bacon, ham or sausage and choice of toast.

BREAKFAST SANDWEDGE

12

2 eggs cooked to order, choice of bacon, ham or sausage. Choice of cheese. Choice of bread. Served with a side of breakfast potatoes.

OMELETTE

12

2 eggs mixed with onions, peppers, mushrooms and cheese. Choice of sausage, bacon, or ham. Choice of toast.

BREAKFAST BUNKER

9

Biscuits topped with scrambled eggs, choice of sausage or bacon, shredded cheese and gravy.

CADDIES

Served with fries, wedges or chips. Sub onion rings, fruit cup, or side salad for additional \$2.50

FAIRWAY FRANKS

9

All beef 1/4 lb hotdogs served with chips or fries. Add chili, cheese, or sauerkraut for \$.75 each

CHIPPIN CHICKEN TENDERS

11

Tenders tossed in your choice of BBQ, Buffalo, Blackened, Garlic Parmesan, or Plain. Served with ranch or blue cheese.

CHICKEN QUESADILLA

14

Seasoned grilled chicken smothered with cheese, served with salsa and sour cream.

PATTY MELT

12

Toasted rye bread, grilled burger patty, caramelized onions and swiss cheese.

TEE BITES

SMOTHERED FRIES

9

CHEESE STICKS (6)

8

HOLE IN ONE JALAPEÑOS POPPERS (6)

8

PRETZEL BITES + CHEESE

5

CHIPS & SALSA

5

SIDES

WEDGES

4

CHIPS

2

FRESH FRUIT

4

ONION RINGS

5

GREEN ON THE GREEN SALAD

6

FRIES

4

Classic, Blackened, or Parmesan

DESSERTS

ICE CREAM

4

ROOTBEER FLOAT

6

ORANGE CREAM FLOAT

6

PINEAPPLE DOLE WHIP

6

CINNAMON SUGAR PRETZEL BITES

6

SCAN CODE TO VISIT OUR WEBSITE
AND VIEW UPCOMING EVENTS!

@zenwoods.golfclub f Instagram TikTok



ON THE GREENS

AVOCADO SALAD

12

Bed of spring mix, bacon, avocado, tomato, egg, blue cheese crumbles, balsamic glaze, blue cheese dressing. Add grilled or fried chicken \$5

CAESAR SALAD

9

Our classic Caesar salad mix, freshly grated Parmesan cheese, croutons, and Caesar dressing. Add grilled or fried chicken \$5

BIRDIE SALAD

9

Bed of spring mix and romaine lettuce, tomato, onion, shredded cheese and croutons. Choice of dressing. Add grilled or fried chicken \$5

THE CHEF SALAD

13

Bed of spring mix and romaine lettuce, ham, turkey, bacon, egg, tomato, cheddar cheese and choice of dressing.

GREENS SIDE SALAD

6

Bed of spring mix and romaine lettuce, tomato, onion, shredded cheese and choice of dressing.

SMASH BURGERS

Served with fries, wedges, or chips. Sub onion rings, fruit cup, or side salad for an additional \$2.50

CLASSIC BURGER

12

Served with lettuce, tomato, onion, and choice of cheese.

ZMASH

13

Served with American cheese, cheddar cheese, sautéed onions, and Russian dressing.

MUSHROOM & SWISS

13

Served with sautéed mushrooms, Swiss cheese, and mayo.

BLACK & BLUE

15

Served with blackened burger patties, 2 slices of bacon, bleu cheese crumbles.

SMOKEHOUSE

15

Served with cheddar cheese, 2 slices of bacon, an onion ring, and BBQ sauce.

SUNRISE

16

Served with American cheese, a fried egg, 2 slices of bacon, lettuce, tomato, and onion.

SANDWEDGES

Served with fries, wedges or chips. Sub onion rings, fruit cup, or side salad for additional \$2.50

THE REUBEN

13

Corned beef, sauerkraut, Swiss cheese and homemade Russian dressing on marble rye bread.

TOASTED HAM / TURKEY

13

Toasted Italian bread, mayo, cheddar, ham, turkey, tomato, and bbq sauce.

THE CLUBHOUSE

14

Italian bread, mayo, bacon, cheddar cheese, lettuce and tomato. Your choice of Ham, or Turkey.

THE BLT

11

Italian bread, mayo, lettuce, tomato, cheddar cheese, and six (6) slices of bacon.

THE ITALIAN

14

Toasted Italian bread with ham, pepperoni, salami, provolone cheese, Italian seasoning, oil and vinegar.

THE PHILLY

15

Toasted hoagie, mayo, sautéed medley of peppers, onions, mushrooms, American cheese, provolone cheese, and nacho cheese.

Like Heat? Add Jalapeños to make it Spicy!

THE CHICKEN PARM

14

Toasted hoagie, marinara sauce, provolone cheese, Parmesan cheese, Italian seasoning and fried chicken.

BUFFALO CHICKEN WRAP

14

Grilled or fried chicken, romaine lettuce, tomato, and shredded cheese. Ranch or blue cheese on the side.

CAESAR CHICKEN WRAP

14

Grilled or fried chicken, romaine lettuce, croutons, Parmesan, and Caesar dressing.

BIRDIE BITES

Birdie Nuggets and Wings can be tossed in BBQ, Buffalo, blackened, Garlic Parmesan, or Plain

BONE-IN WINGS (6)

10

BONE-IN WINGS (12)

16

BIRDIE NUGGETS W/FRIES

11

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